

# CONTACT PERMISSION OFF GRID DOC

OFF GRID DOC STRIVES TO MAINTAIN YOUR PRIVACY. IN COMPLIANCE WITH FEDERAL PRIVACY REGULATIONS AND TO MAKE OUR COMMUNICATION WITH YOU AS CONVENIENT AS POSSIBLE, WE REQUEST THAT YOU COMPLETE THE FORM BELOW.

**DO YOU CONSENT TO THE FOLLOWING FORMS OF COMMUNICATION BETWEEN OFF GRID DOC AND YOURSELF?**

|                 |                    |               |
|-----------------|--------------------|---------------|
| TEXT MESSAGING  | YES _____ NO _____ | PHONE # _____ |
| VIDEO CALLS     | YES _____ NO _____ | EMAIL _____   |
| EMAIL           | YES _____ NO _____ | EMAIL _____   |
| TELEPHONE VISIT | YES _____ NO _____ | PHONE # _____ |

**IF WE NEED TO CONTACT YOU WITH RESULTS OF TESTS OR OTHER HEALTH INFORMATION, MAY WE**

|                           |                    |               |
|---------------------------|--------------------|---------------|
| CALL YOUR HOME?           | YES _____ NO _____ | PHONE # _____ |
| CALL YOUR WORK?           | YES _____ NO _____ | PHONE # _____ |
| CALL YOUR CELL?           | YES _____ NO _____ | PHONE # _____ |
| CALL OTHER?               | YES _____ NO _____ | PHONE # _____ |
| LEAVE A MESSAGE AT HOME?  | YES _____ NO _____ |               |
| LEAVE A MESSAGE AT WORK?  | YES _____ NO _____ |               |
| LEAVE A MESSAGE ON CELL?  | YES _____ NO _____ |               |
| LEAVE A MESSAGE AT OTHER? | YES _____ NO _____ |               |

IF WE MAY DISCUSS YOUR PROTECTED HEALTH INFORMATION WITH OTHERS, PLEASE GIVE US THE NAME AND NUMBER OF THOSE INDIVIDUALS WITH WHO YOU GIVE US PERMISSION TO DISCUSS YOUR RESULTS.

| NAME  | NUMBER | RELATIONSHIP |
|-------|--------|--------------|
| _____ | _____  | _____        |
| _____ | _____  | _____        |
| _____ | _____  | _____        |
| _____ | _____  | _____        |

I AGREE THAT I MAY BE NOTIFIED OF MY PROTECTED HEALTH INFORMATION IN THE LOCATIONS THAT I INDICATED ABOVE AND THAT MY PROTECTED HEALTH INFORMATION MAY BE DISCUSSED WITH THE INDIVIDUALS INDICATED ABOVE.

\_\_\_\_\_  
SIGNATURE PATIENT/ PERSONAL REPRESENTATIVE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
NAME OF PATIENT

\_\_\_\_\_  
DATE OF BIRTH